

# Stanford Settlement Newswheel

**Celebrating Over 79 Years of Service 1936-2015**



**MISSION  
STATEMENT**

Stanford Settlement  
Neighborhood Center  
helps build healthy  
communities through  
individual, family, and  
neighborhood services.

**STANFORD  
SETTLEMENT  
PROGRAMS**

Teen Program

Children's  
Program

Senior Program

Emergency  
Assistance

Community  
Development

*As you take the next step in life's journey...  
remember to always listen to the voice inside your heart."*  
Jason Blume

*A message from Sister Jeanne...*

*After 40 years of dedicated service to Stanford Settlement  
Neighborhood Center, Pat Pennisi is retiring!*

*It is with mixed emotions that I write this as she has been a  
stabilizing force within the organization, guiding the programs  
with wisdom, understanding and confidence. She is leaving a  
legacy - a mark- for others to follow.*

*I know that retirement is something most people look forward to -  
and she is no exception! We have worked together so well for these  
40 years...the first year she was my supervisor when I did my  
field work here and then the following year I was her supervisor!  
She has advanced from Program Director to Assistant Director and  
has faithfully acted in my place when needed. There was not a  
worry from me that she would always make the right decisions.*

*Pat has been a champion of our youth programs, both the children  
and the teens. She has worked tirelessly to help sustain the  
resources these programs need. And yet, she has made sure we  
have followed our mission, not trading mission for money. At our  
Annual Dinner in June, the Board of Trustees presented her with a  
bronze plaque that names one of our buildings after her. It will be  
"Pat Pennisi Children's Center."*

*Pat will retire September 15<sup>th</sup> and we all will miss her presence, her  
generosity, and, yes, her humor.*





# SENIOR CENTER NEWS



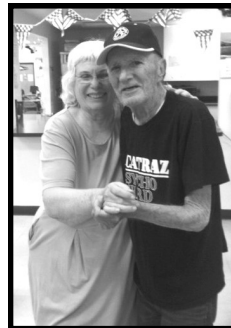
Open Monday - Friday ... 8:00 a.m. until 12:30 p.m.  
Seniors 50 years of age and older are welcome!  
Limited transportation available for lunch and other activities.

**All Seasons Café:** Lunch is served Monday - Friday at 11:30 a.m.  
Available for seniors 60+, sponsored by Meals on Wheels by ACC. A donation of \$2 is suggested, but not required. Menus are available at the Senior Center. Please make your reservation by 11:30 a.m. the day before. Call 927-1819. Come enjoy a hot lunch!



## Annual Independence Day Senior Center Barbeque

Red, white and blue were the colors of the day at the Annual Senior Center Independence Day Barbeque, held on Thursday, July 3, 2015. Our friends at the Natomas Rotary Club grilled up hot dogs and hamburgers while Senior Center guests brought pot-luck dishes to share with friends. The Natomas School of Music played hits from the 50's, 60's and 70's keeping everyone entertained and having fun!



# SENIOR CENTER ACTIVITIES

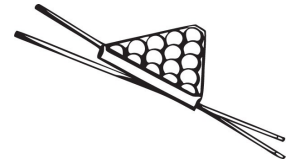


Bingo daily at 9:30 a.m. (unless otherwise noted) Games of Pool daily at 9:00 a.m.

Seniorcise classes on Wednesdays at 10:30 a.m.

Shopping trips on Tuesdays to neighborhood stores

Crafts, puzzles, cards and games daily



## Calendar

### August 2015

**August 4th:** Walgreens Wellness

**August 11th:** Shopping

**August 13th:** Our monthly Birthday Party! Celebrate all of our August birthday people with cake and presents!



**August 20th:** Special Shopping

**August 25th:** Shopping

**August 28th:** Friday Flick!



### September 2015

**September 1st:** Walgreens Wellness

**September 4th:** Labor Day Party! Please join us at our morning celebration to honor our country's workforce. The pot-luck will begin at 10am. Please bring a snack to share with friends.



**September 7th:** The Senior Center will be CLOSED in honor of Labor Day

**September 10th:** Shopping

**September 17th:** Our monthly Birthday Party! Celebrate all of our September birthday people with cake and presents!



**September 25:** Annual End of Summer BBQ! Come join us as we finish off the summer with a barbeque from 4-7pm. Dinner will be served at 5pm. We will provide the main course and beverages. Please bring a side dish or dessert to share with others. Please reply to the Senior Center or by calling 927-1819.



### HICAP

Health Insurance Counseling and Advocacy Program has a counselor at Stanford Senior Center every 1st, 3rd and 5th Wednesday of the month. If you have any questions about your health coverage, please call for an appointment: 376-8915



**12th Annual  
Monte Carlo Night  
October 3, 2015 , 6-10pm  
California Automobile Museum  
2200 Front Street, Sacramento, CA 95818**

**\$60 per person  
Start your arrival on the red carpet  
and pose for a photo by one of the  
fabulous cars on display.**

**Admission includes  
\$500 in starting chips,  
drink ticket, door prize raffle ticket,  
dinner, dessert, coffee, tea, water.**

**For additional ticket information and  
sponsorship opportunities,  
please call (916)927-1303  
Cocktail attire preferred**



\_\_\_\_\_ cut here \_\_\_\_\_ cut here \_\_\_\_\_ cut here \_\_\_\_\_ cut here \_\_\_\_\_ cut here \_\_\_\_\_ cut here \_\_\_\_\_ cut here \_\_\_\_\_

**12th Annual Monte Carlo Night  
October 3, 2015 , 6-10pm  
California Automobile Museum  
2200 Front Street  
Sacramento, CA 95818**



**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone** \_\_\_\_\_ **Email:** \_\_\_\_\_

# Children's Program

The last day of Summer Day Camp was July 31, and it was a growth-producing, fun-filled summer for 80+ kids! They enjoyed swimming, arts, crafts, sports, & cookouts, while also learning how to make friends and keep them, how to solve problems peacefully, and how to work together as a group.



Making god's eyes with yarn and popsicle sticks.

Thank you to our Summer Day Camp Counselors for all their hard work: **Alma Avalos, Brooke Hammond, Ruben Lizárraga, and Danielle Nelin.**



Summer Day Camp friends since they were little!

We also want to thank all of our Counselors-in-Training: **Lupita Avalos, Anthony Davis, Audrey Foster, Daniel Gonzalez, Juan Gonzalez, Taylor Jordan, Cecilia Martinez, Roman Martinez, Ajalai Perry, and Lisseth Sanchez.**

Special thanks to the **City of Sacramento, the staff at Clunie Pool** in McKinley Park, our **bus driver Frank** from Twin Rivers Unified School District, and the **Rotary Club of Natomas.**

Finally, thank you to all of **YOU** who so generously donated to the program via mail or our GoFundMe appeal. Your help created a truly memorable experience for the kids!

Although most children will return to school in mid-August, our After School Groups will not resume until mid-September. Please call Meg or Katie at 916-927-1303 for more information on how to register your child for the program.



The Puffy Pandas at Summer Day Camp



Happy Day-Campers on the bus!



Lasting friendships are made at the Teen Center.

Summer is going by fast! We have enjoyed many activities such as dodge ball, card games, Connect-4, relay races, and water games to keep us cool. Let's not forget our movie nights filled with popcorn and yummy treats. We've also enjoyed being pool side at McKinley Park for picnics and swimming.

Most of our teens will go back to school the third week of August. With school starting, the Teen Center will resume our school year drop-in hours: Tuesdays-Fridays from 3:00 – 7:00 p.m.



Teen Center members, directed by Erika Elizarraras (center back), assist at the Stanford Settlement Annual Dinner.

If you are looking for something to do after school then stop by and see us at the Teen Center. Join us for a game of pool, foosball, basketball, Monopoly, X-Box, or Wii. You can also flaunt your artistic abilities by participating in our fun filled crafts. Enjoy treats from our snack bar and join us in our daily snack. It's a great opportunity to come and hang out with friends.

Questions or need more information? Please call Erika at (916) 927-1303.

Are you a Guitar Hero? Challenge your friends at the Teen Center.



**TEEN CENTER**

# FORE GOOD!

STANFORD  
SETTLEMENT  
Neighborhood Center



Thank you to all of the participants, volunteers and sponsors of our "FORE GOOD" golf tournament on June 18, 2015! Over \$11,000 was raised for Stanford Settlement!

We could not have done it without you!

## THANK YOU FOR YOUR SUPPORT!

Safe Credit Union, California Bank & Trust, River City Bank, Fechter & Company, Parasec, John Weninger, Hall's Windows, John O Bronson, 2 Women & A Chair, Massage Heights, CYS, Sally Hite, MFT, Spiritus Center, Knielsel's Collision Center, Zija, Tom Dekker, Kielborn Family, Gilbert Associates, Inc., The Pink Spot, Jenna Campbell, Attorney, GLH&C Financial Services, Sacramento Speaks Media Agency, N Magazine, Natomas Buzz, Our Neighborhood Shopper, Comstock's Magazine



Photos courtesy of Dennis Spear, N Magazine

## Effortless Giving

*Foods Co.*

**SAVE MART**  
SUPERMARKETS

*Raley's*

*Use rewards cards at these stores, a portion of your purchase total is donated to Stanford Settlement.*



*Searching the internet? Use [goodsearch.com](http://goodsearch.com) to support us!*

**amazon**smile  
You shop. Amazon gives.

**For our friends who shop on Amazon  
sign up today for AmazonSmile!**

***Donate your vehicle! The Car Program will pick-up your car and provide you with a tax deduction. Call 1-800-240-0160 or visit [stanfordsettlement.org/donate-a-vehicle.html](http://stanfordsettlement.org/donate-a-vehicle.html)***



## *Memorials & Honoraries*

### **In Memory Of...**

Frank Petzold  
Marguerite "Mac" Runzler  
Makenna D'Ann Dekker  
Gerald Dekker  
Fran Dekker  
Joyce Doiron

### **In Honor of...**

Moana Tedrow  
Pat Pennisi, 40 years at Stanford  
Julie Rhoten, 25 years at Stanford  
Megumi Storms, 5 years at Stanford  
Maria Pacheco's 90th Birthday

### **Remembered By...**

David & Margarete Schwartz  
Sr. Jeanne Felion and staff  
Sr. Jeanne Felion and staff  
Marsha Eberhardt  
Marsha Eberhardt  
Sr. Jeanne Felion and staff

### **Remembered By...**

Bev Ylitalo  
Mariann & John Fisher, MD  
Mariann & John Fisher, MD  
Mariann & John Fisher, MD  
Sr. Jeanne & Staff

**Donations may be made to the MEMORIAL FUND in memory of a loved one who has died.**

**IN HONOR OF and IN TRIBUTE TO donations can be made to remember a special occasion or a special person in your life. That person will receive a note to let them know you were thinking of them.**

***What a wonderful way to say "I care."***

*"Stanford Settlement helps build healthy communities through individual, family, and neighborhood services."*

**Stanford Settlement Newswheel**, the bimonthly publication of Stanford Settlement Neighborhood Center.

We encourage use of information from Newswheel with the following citation: "From Stanford Settlement Newswheel, the bimonthly newsletter of Stanford Settlement Neighborhood Center."

Executive Director  
Sister Jeanne Felion, SSS

Designer & Editor  
Mary Doll

Staff Writers  
Erika Elizarrarás Julie Rhoten  
Jessica Runzler Meg Storms

Stanford Settlement Neighborhood Center  
Tel: 916.927.1303 Fax: 916.922.1694  
450 West El Camino Ave.  
Sacramento, CA 95833  
www.stanfordsettlement.org



Newswheel  
Stanford Settlement Neighborhood Center  
450 West El Camino Avenue  
Sacramento, CA 95833-2299

Return Service Requested

Nonprofit Organization  
U.S. Postage  
PAID  
Permit No. 704  
Sacramento, CA

## Celebrating Over 79 Years of Service 1936-2015

### Medical Transportation Volunteers Needed

We are in great need of volunteers to provide transportation for medical appointments. Drivers must have a valid California Driver's License and insurance. If interested, please call 927-1303.



### Wills Consultation

Jenna Campbell, an attorney specializing in Estate Planning, will be at Stanford Settlement **August 21, 2015, September 25, 2015, and October 23, 2015**. An appointment can be made for wills, power of attorney for health care, trusts, etc. For simple wills and advanced directives, the consultation is free. Appointments are open to anyone requesting the service!  
Call Mary at 916.927.1303

