



## Why join the Teen Center?

- It's fun!
- It's free!
- Have a safe place to go after school
- Make new friends
- Fun things to do



Stanford Settlement Neighborhood Center  
450 West El Camino Ave.  
Sacramento, CA 95833

Come join  
the...

# Teen Center



STANFORD  
SETTLEMENT  
*Neighborhood Center*

(916) 927-1303

# Drop-In Center

## School Days Hours

Tuesdays-Fridays 3:00 pm - 7:00 pm

## Non-School Days:

Tuesdays-Fridays 1:00 pm - 5:00 pm

Teens who are in **7th through 12th grades** and are residents of zip codes **95815, 95833, 95834, & 95835** are welcome to join!

## Activities include:

- Arts & crafts
- Daily snacks
- Video games
- Basketball
- Air Hockey
- Pool
- Help with homework
- Field trips

...and other fun stuff!



# Support Services

Teen Center Social Workers can help support teens by:

- School visits
- Help with individual concerns
- Volunteer opportunities

# Groups

Teen Center members are invited to join a group that can provide:

- A sense of belonging
- Opportunities for working together
- Increased self-esteem
- Building positive relationships with peers
- Mutual aid & peer support
- Problem-solving strategies

# Special Events

- Holiday parties
- Special outings in the summer to swimming & other places!
- Annual Teen Center vs. Senior Center Pool Tournament
- Opportunities to serve at agency events



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