

# Stanford Settlement Newswheel

**Celebrating Over 79 Years of Service 1936-2015**



**MISSION  
STATEMENT**

Stanford Settlement  
Neighborhood Center  
helps build healthy  
communities through  
individual, family, and  
neighborhood services.

**STANFORD  
SETTLEMENT  
PROGRAMS**

Teen Program

Children's  
Program

Senior Program

Emergency  
Assistance

Community  
Development

*A message from Sister Jeanne...*

*What would you say if I told you that I am ready for Christmas 2015? Well, you won't have to say anything because I am so totally NOT!!! I am working on it, though.*

*Our dates are set for signups, for sorting everything, for distribution... Well, now what we need are the customers, the volunteers, the food, the toys AND the funds to make it all work!*

*Inside this newsletter is a flyer about our Christmas Basket Program and how you can help us help our neighbors and residents experience Christmas in a better way and to experience the wonderful generosity of the community at large.*

*Christmas is such a blessed time of year for so many of us; it makes me want to share this time with all of you! As you give in one way or another, you are sharing in the joy of this season. You are helping us help others. And for this, I am grateful.*

*So as the weeks fly by, and Halloween comes and goes; and, as Thanksgiving comes and goes, I wish for you good health, safe celebrations and a warm welcome into this Christmas Season.*

*Blessings,  
Sister Jeanne Felion*





# THANK YOU to the sponsors of our 12th Annual Monte Carlo Night!



## Sutter Health We Plus You



### 2|W|C 2 Women & A Chair



### SAVE THE DATE!

Saturday, November 7, 2015  
6-9:30 pm

Stanford Settlement Senior Center  
\$20 includes dinner, dessert and game play



# Children's Program

Happy fall!

Our After School Groups started its very first session of this school year on September 22! We missed the kids very much and were super excited to welcome back many of the kids who came to Summer Day Camp as well as meeting more new kids. During this session, we will enjoy many different holiday activities for Halloween, Thanksgiving, and Christmas while enjoying our regular fun activities!

After School Groups meet Tuesday, Thursdays, & Fridays from 3:00-5:00 pm; on Wednesdays, we meet from 1:00-3:30 pm.

The groups are designed to help children build important social skills, learn problem-solving skills, and establish meaningful relationships with peers through fun activities, including arts, crafts, sports, games, cooking, and more. For more information, or to register a child, call Meg at 927-1303.

We would like to welcome our brand new group workers for the Children's Program, Danielle Nelin and Amy Cabana, and a student intern from CSUS Division of Social Work, Susana Gonzalez! They are such a great addition to our program and are very excited to get to know our kids!



Thank you to our friends at Quest Diagnostics for the generous donation of new school supplies!



Several of our Teen Center participants also help out as Counselors In Training for our Children's Summer Camp.

Halloween is on the way in the Teen Center! We've planned ghostly music trivia, Pictionary, caramel apples and much more. With the leaves turning yellow and orange, what better way to enjoy the cooler weather than to have a scavenger hunt? We also have many things to be thankful for this year in Teen Center. We are looking forward to making our Thanksgiving feast, complete with all the trimmings, a great success!

Stop by and see us at the Teen Center for something fun to do. Our drop-in hours are Tuesday, Thursday and Friday 3 pm-7 pm and Wednesday 1 pm-5 pm. Join us for a game of pool, foosball, basketball, or dodgeball! You can also test your gaming skills on our Wii system. If that isn't enough you can always come to the Teen Center and get into your artistic mode with our many craft supplies.

You can enjoy treats from our snack bar and join us in our daily snack. It's a great opportunity to come and hang out with friends and meet lots of new ones. For questions or more information, please call Erika at (916) 927-1303.



Arts & Crafts, one of the many Teen Center activities.

Teen Center



# SENIOR CENTER NEWS



**Open Monday - Friday ... 8:00 am until 12:30 pm**  
**Seniors 50 years of age and older are welcome!**  
**Limited transportation available for lunch and other activities.**

**All Seasons Café:** Lunch is served Monday - Friday at 11:30 am  
Available for seniors 60+, sponsored by Meals on Wheels by ACC. A donation of \$2 is suggested, but not required. Menus are available at the Senior Center. Please make your reservation by 11:30 am the day before. Call 927-1819. Come enjoy a hot lunch!

## SENIOR CENTER EVENTS

We have many events planned in the Senior Center for October and November. There are several shopping trips planned throughout the months. Our birthday parties are planned for October 15 and November 19. Join us for singing, cake, and of course, presents.

October 30 is our Halloween Party. Our spooky affair will feature a potluck, games and a costume contest with prizes. The party starts at 10 am; please bring a snack to share.

November 11 is our Veteran's Day Potluck. Join us as we honor all those, past and present, who have served our country. The potluck starts at 10 am; please bring a snack to share.

Stanford's Karaoke lounge will be open on November 20. Come take part in our newest activity that has everyone talking...and *singing*. The fun begins at 9:30 am.

Our Thanksgiving Luncheon will be November 25, hosted by the CalPERS employees. For more information, or to make a reservation, please come by the Senior Center or call 927-1819.

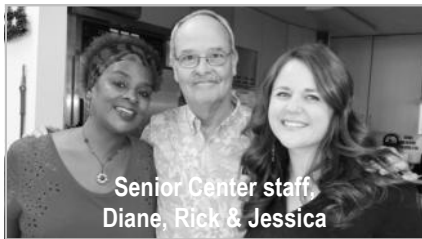
The Senior Center will be closed on Thanksgiving, November 26 and Friday, November 27.



Pat Pennisi being congratulated on her retirement from Stanford



Labor Day Potluck



Senior Center staff, Diane, Rick & Jessica



Wilma and Bill at the Senior Center Labor Day Potluck



Labor Day Potluck



Friends enjoying "Hot August Daze" at the Senior Center



Sister Jeanne visiting with a Senior Center guest



There's always a game of pool in the Senior Center



# SENIOR CENTER ACTIVITIES

Bingo daily at 9:30 am (unless otherwise noted)  
Games of Pool daily at 9:00 am

Senior-cise classes on Wednesdays at 10:30 am

Shopping trips on most Tuesdays to neighborhood stores

Crafts, puzzles, cards and games daily



## Calendar

### October 2015

October 6: Walgreens Wellness - 20% senior discount at Walgreens on Norwood Avenue

October 12: Shopping - Thrift Town

October 15: Birthday Party

October 20: Shopping - Walmart

October 27: Special Shopping - Hobby Lobby

October 30: Halloween Costume Party & Potluck, 10 am



### November 2015

November 3: Walgreens Wellness - 20% senior discount at Walgreens on Norwood Avenue

November 11: Veteran's Day Party and Potluck, 10 am

November 12: Shopping - Walmart

November 16: Shopping - Thrift Town

November 19: Birthday Party

November 20: Karaoke Party, 9:30 am

November 25: Senior Center Thanksgiving Luncheon. Please make your reservation at the Senior Center or call 927-1819.

November 26: THANKSGIVING, Senior Center closed

November 27: Senior Center closed



Veterans Day



### HICAP

Health Insurance Counseling and Advocacy Program has a counselor at Stanford Senior Center every 1st, 3rd and 5th Wednesday of the month. If you have any questions about your health coverage, please call for an appointment: 376-8915



# Operation Cratchit 2015

Stanford Settlement's Annual Christmas Basket Program

Christmas Baskets will be provided to over 700 households in the North area of Sacramento again this year, and we need YOUR help!

Christmas baskets include non-perishable food, new toys for children, and gift certificates for fresh holiday meal items. In 2014, we were able to assist almost 2,500 individuals in having a brighter holiday, with 1,300 children receiving a new toy!

### Needed items include:

- New, unwrapped toys and gifts for children and teens
- New Christmas wrapping paper
- Non-perishable food items:  
canned or packaged foods
- Cash donations

For more information, visit  
[www.stanfordsettlement.org](http://www.stanfordsettlement.org)  
or call 916.927.1303



Join us in the holiday spirit! Anyone can help: individuals, families, schools, businesses, sororities, fraternities, professional associations, churches, service groups....

### Help out by:

- Organizing your own food or toy drive to benefit the families served through Operation Cratchit! Download a printable flyer for your collection bin at [stanfordsettlement.org/oc-flyers](http://stanfordsettlement.org/oc-flyers)
- Giving your time and talent by volunteering. Christmas will be better for many because of *your* generosity!

Yes, I want to help with Operation Cratchit...

\_\_\_\_\_ Enclosed is a check for: \_\_\_\_\_ or I will donate online at [stanfordsettlement.org](http://stanfordsettlement.org)

\_\_\_\_\_ I will collect food, toys, and/or wrapping paper to bring in by December 18, 2015

\_\_\_\_\_ I would like to volunteer, please call me at: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/Zip: \_\_\_\_\_

Email: \_\_\_\_\_



Return to: Stanford Settlement, 450 West El Camino Avenue, Sacramento, CA 95833

## Effortless Giving

*Foods Co.*

**SAVE MART**  
SUPERMARKETS

*Raley's*

*Use rewards cards at these stores, a portion of your purchase total is donated to Stanford Settlement.*



*Searching the internet? Use [goodsearch.com](http://goodsearch.com) to support us!*

**amazon**smile  
You shop. Amazon gives.

**For our friends who shop on Amazon  
sign up today for AmazonSmile!**

**Donate your vehicle! The Car Program will pick-up your car and provide you with a tax deduction. Call 1-800-240-0160 or visit [stanfordsettlement.org/donate-a-vehicle.html](http://stanfordsettlement.org/donate-a-vehicle.html)**



## *Memorials & Honoraries*

### **In Memory Of...**

Jerome Klepic  
Msgr. Roy Peters

Danielle Brown  
Irene Korbe

Fidelina Bendezú

### **In Honor of...**

Pat Pennisi's Retirement

Gail De Rico's birthday

### **Remembered By...**

Sr. Jeanne Felion & Staff  
Monica & John Harney,  
MSGT E8 USA RET

Sr. Jeanne Felion & Staff  
Monya Hutchinson-Paul  
Sr. Jeanne Felion & Staff  
Sr. Jeanne Felion & Staff

### **Remembered By...**

Roger Schwarzin  
Fred & Rebecca McWhorter  
Anna Ganahl  
Sally Hite  
Sr. Claire Graham

**Donations may be made to the MEMORIAL FUND in memory of a loved one who has died.**

**IN MEMORY OF and IN HONOR OF donations can be made to remember a special occasion or a special person in your life. That person will receive a note to let them know you were thinking of them.**

***What a wonderful way to say "I care."***

*"Stanford Settlement helps build healthy communities through individual, family, and neighborhood services."*

**Stanford Settlement Newswheel**,  
the bimonthly publication of  
Stanford Settlement Neighborhood Center.

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## Celebrating Over 79 Years of Service 1936-2015

### **Medical Transportation** **Volunteers Needed**

We are in great need of volunteers  
to provide transportation for  
medical appointments. Drivers  
must have a valid California  
Driver's License and insurance.  
If interested, please call 927-1303.



### **Wills Consultation**

Jenna Campbell, an attorney specializing  
in Estate Planning, will be at  
Stanford Settlement **October 23 and**  
**November 20, 2015**. An appointment  
can be made for wills, power of attorney  
for health care, trusts, etc. For simple  
wills and advanced directives,  
the consultation is free.  
Appointments are open to anyone  
requesting the service!  
Call Mary at 916.927.1303

