



MISSION STATEMENT

Stanford Settlement Neighborhood Center helps build healthy communities through individual, family, and neighborhood services.

STANFORD SETTLEMENT PROGRAMS

Teen Center
Children's Program
Senior Center
Emergency Assistance
Community Development

SOCIAL MEDIA

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 Stanford Settlement Neighborhood Center
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LATEST NEWS

Dear Friends,

Our bi-monthly newsletter is BACK! A short break was necessary while we fully re-opened all our center-based programs for children, teens, and seniors over the past several months. It is the best feeling to welcome our participants back for in-person programming. It was heartwarming to hear the seniors welcome each other "home," and fun to see all the happy children boarding the bus for Summer Day Camp each morning. At the same time, our weekly vaccine clinics will continue every Wednesday from 10 am-4 pm. Inside, you'll find updates from all of our programs.

We are pleased to announce that the **Leadership Sacramento Class of 2022** has selected Stanford Settlement Neighborhood Center as the beneficiary of their class project. Leadership Sacramento is a program of the Sacramento Metro Chamber Foundation that develops community-minded business and civic leaders of tomorrow. With raised funds and in-kind donations, they will make significant improvements and upgrades to the Senior Center's outdoor space, creating a more welcoming, senior-friendly environment. Visit stanfordsettlement.org to see renderings of the vision for the space.

Please save the date for, "**An Evening of Appreciation**," scheduled for **Friday, November 18, 2022**, at the Mack Powell Event Center. The event will feature a silent auction, appetizers, beverages, and a dessert silent auction. We will be honoring the

generous contributions of the **Rotary Club of Natomas, SMUD, and City Councilmember Jeff Harris**. For information about sponsoring the event, or to purchase tickets, please visit our website.

We are looking for volunteers! We are now accepting applications for **volunteer drivers** for senior transportation to medical appointments. Please email julie@stanfordsettlement.org if you are interested!

It's hard to believe that it's already October and that means the holidays are just around the corner. We are making plans for **Operation Cratchit**, our annual Christmas basket program. Last year, 775 households applied for holiday assistance, representing over 3,500 individuals. Christmas baskets mean that our neighbors can prioritize their limited resources for necessities AND celebrate the holidays. Your donations of non-perishable food, new toys and gifts, wrapping paper, and cash contributions make this program possible. Consider organizing a food or toy drive to make a difference in a big way. Call us if you have any questions at 916-927-1303.

With gratitude,


Julie Rhoten
Executive Director

AGENCY UPDATES

OPERATION CRATCHIT

It's almost that time of year!

Our annual Christmas basket program is just around the corner! Learn more about how you can support this year's Operation Cratchit by calling us at (916) 927-1303 or emailing julie@stanfordsettlement.org!



LEADERSHIP SACRAMENTO 2022

Exciting updates about improving our Senior Center's outdoor space.

We are thrilled to be partnering with Leadership Sacramento Class of 2022 to improve the outdoor space at our Senior Center. Their vision of a wellness space includes social spaces for conversation, areas designed for exercise and fitness, gardening, quiet moments, and meditation for our seniors. With their support, our seniors will be able to enjoy the upgrades that make our center that much more enjoyable! Thank you Leadership Sacramento Class of 2022!



AN EVENING OF APPRECIATION

Save the date for November 18, 2022!

Mark your calendars for, "An Evening of Appreciation," scheduled for Friday, November 18, 2022! Enjoy refreshments along with raffles, and a silent auction! We will honor generous donors including the **Rotary Club of Natomas**, **SMUD**, and **Councilmember Jeff Harris**. Please join us and have a fun evening for a great cause! For tickets and more information, please visit bit.ly/ssncappreciation. Sponsorship opportunities are also available!



CHILDREN'S PROGRAM

After School Groups are in session!

The first session of After School Groups began in September! We had a successful, fun-filled Summer Day Camp after two long years of not having one during the pandemic. Finally things are getting back to "normal!" We welcomed many familiar faces and new additions to the program from many local schools. We are so excited to enjoy variety of holiday activities, including Halloween, Thanksgiving, and Christmas, on top of our regular fun activities!

After School groups meet Tuesdays, Thursdays, Fridays from 3:00-5:00 p.m.; on Wednesdays from 1:00-3:00 p.m. The groups are designed to help children build important social skills, learn problem-solving skills, and establish meaningful relationships with peers through fun activities, including arts, crafts, sports, games, cooking, and more. For more information, or to register a child, call Meg or Navdeep at 927-1303.

We would like to welcome our new student interns from CSUS Division of Social Work, Hailey Sardia & Angela Salinas! They both worked as Summer Day Camp Counselors this past summer with us and are great additions to our program!

TEEN CENTER

Read about the latest updates on our Teen Center!

The Teen Center is in full effect and excited for a great school year! We had lots of fun this summer at our Carnival, Outdoor Water Festival, and End of Summer BBQ pop-up events. We are excited to partner with City of Sacramento's #SacTownYouthNights for our fall/winter drop-in events. Join us for our Halloween party October 28! There will be tons of food, candy, and spooky games.

If you are in 7th-12th grade and live in the area, we invite you to come check us out. We are open Tuesday, Thursday, and Friday from 2:30 p.m. to 7 p.m. and Wednesdays from 1 p.m. to 5:30 p.m. Swing by after school to see what we are all about! If you are currently attending Smythe Middle School, bus route #103 will drop you off a few feet from our Teen Center! Transportation back home is also available for teens that live in our service area. We provide tasty snacks, and you can also enjoy a bite from our snack bar. Don't forget to bring your friends! For more information, please call Porscha or Elizabeth at 916-927-1303.

SENIOR CENTER

Over 50 and live in the area? Learn more about our Senior Center!

After enduring a pandemic and making many adjustments, we are proud to say that our Senior Center is open once again, and we are so excited to have everyone back! Since the re-opening of the Senior Center in late March 2022, we have slowly put things back to "normal," and we are now open Tuesdays through Fridays from 9:00 a.m. to 1:00 p.m. We offer a variety of senior-friendly activities each day, such as indoor bowling, arts and crafts, our famous word game, bingo, of course, and weekly shopping trips to some of the local stores. Resuming the in-person programming has been a dream-come-true for both the participants and the Senior Center staff.

Our Senior Center is designed to ensure each senior has access to socialization and wellness activities in a safe environment. If you are a senior, age 50 and older and reside in our service area, please give us a call to make an appointment with Taylor to talk more about our Senior Center! We look forward to hearing from you and joining us!

DONATE ONLINE!

Save a stamp and make a monetary donation online by visiting: bit.ly/ssncgiving.

Or scan our QR code!



#STARTWITHASMILE

When you #StartWithASmile, Amazon donates 0.5% of the purchase price to Stanford Settlement, Inc.!

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NEWSLETTERS VIA EMAIL

If you would like to receive your Newsletter via Email, please email anyk@stanfordsettlement.org.



"Stanford Settlement helps build healthy communities through individual, family, and neighborhood services."

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