



## MISSION STATEMENT

Stanford Settlement Neighborhood Center helps build healthy communities through individual, family, and neighborhood services.

## STANFORD SETTLEMENT PROGRAMS

Teen Center  
Children's Program  
Senior Center  
Emergency Assistance  
Community Development

## SOCIAL MEDIA

 /Stanford.Settlement  
 @stanfordcenter  
 @stanford\_settlement  
 Stanford Settlement Neighborhood Center  
 /StanfordSettle

## LATEST NEWS

Dear Friends,

Thanks to everyone who supported Operation Cratchit, our annual Christmas basket program. Your generosity ensured that the holidays were brighter for 775 households in need. A total of 3,575 individuals were served, including 1,750 new gifts for children and teens. In addition to the countless individuals who contributed, we want to thank these generous organizations:

**Bank of America Retirees**  
**Boys 4 Bikes**  
**Cement Masons' Local No. 400**  
**City of Sacramento**  
**Garden Valley Elementary School**  
**Gardenland Northgate Neighborhood Association**  
**Hamptons Community Foundation**  
**HG Architect**  
**IAM Local Lodge 946**  
**Inspire Preschool Academy**  
**International Paper**  
**Jesuit High School**  
**Parasec**  
**Plumbers & Pipefitters Local # 447**  
**River City Bank**  
**Rotary Club of Natomas**  
**Rotary Club of North Sacramento**  
**Sacramento Midtown Lions Club**  
**Sacramento Yacht Club**  
**School Services of California, Inc.**  
**Sisters of Social Service**  
**Smythe Academy PK-6th**  
**St. Francis High School**  
**Strauch Elementary School**  
**Urban Flex and Flow**

The **Leadership Sacramento Class of 2022** project benefitting our Senior Center space is almost complete! The new concrete walkways have been poured, and the finishing touches will be made in the coming week. Follow us on social media to see the latest photos, or come by and visit sometime!

Thinking about **volunteering**? We have two opportunities available. We are currently seeking volunteer drivers, who provide door-to-door transportation to seniors for medical appointments as needed. We are also bringing back our weekly breakfasts in the Senior Center, where individuals/groups prepare a meal and serve it once a month. Please contact me or Meg for more information!

Finally, mark your calendars for another 24 hours of fun and philanthropy! This year's **Big Day of Giving** will be held on **Thursday, May 4, 2023**, from midnight to midnight. This annual effort raises much-needed funds for all of our programs and services, and we are proud to participate again this year!

With gratitude,  
Julie



## AGENCY UPDATES



# GEM

Giving Every Month



Scan our QR code  
or visit [bit.ly/SSNCGEM](https://bit.ly/SSNCGEM)

### BECOME A GEM!

Become a Stanford Settlement GEM by Giving Every Month!

Making a monthly commitment means your gift will have a big impact every day of the year. Here's what your gift can provide:

- \$15/month: can provide snacks and supplies for group activities for Children's Program participants.
- \$25/month: can provide wellness activities for Senior Center participants, including arts & crafts, exercise, games, and even karaoke!
- \$50/month: can provide small group experiences for Teen Center participants, where they can talk about the challenges they face and support one another.
- \$100/month: can provide crisis intervention services for families and seniors experiencing food insecurity or housing insecurity.

You can select the amount you want to give, and select the day each month that the transaction will take place.

Become a GEM today and visit [bit.ly/SSNCGEM](https://bit.ly/SSNCGEM)!

### DONATE ONLINE!

Save a stamp and make a monetary donation online by visiting: [bit.ly/ssncgiving](https://bit.ly/ssncgiving).

Or scan our QR code!



### #STARTWITHASMILE

When you #StartWithaSmile, Amazon donates 0.5% of the purchase price to Stanford Settlement, Inc.!

Bookmark the link: [amzn.to/3Qurzbc](https://amzn.to/3Qurzbc)



### NEWSLETTERS VIA EMAIL

If you would like to receive your Newsletter via Email, please email [anyk@stanfordsettlement.org](mailto:anyk@stanfordsettlement.org).



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## CHILDREN'S PROGRAM

Ready for the new year in our After School Groups!

Happy New Year! 2023 is here!! We had so many memorable moments in 2022 and are excited about what 2023 will bring. After School Groups began the 2nd session on January 10th. It was great to see those familiar faces, and we were also thrilled to welcome some new kids to the program! This session is filled with fun, festive activities! We will enjoy various activities for special days, including Valentine's Day, President's Day, and St. Patrick's Day along with our all-time fun activities.

We would like to welcome our new Group Worker for the Children's Program, Simone Ballout. She is such a great addition to our program and is very excited to get to know our kids! Please give her a warm welcome when you see her around. She'd be delighted to meet you as well.

After School Groups are designed to help children build important social skills, learn problem-solving skills, and establish meaningful relationships with peers through fun activities, including arts and crafts, sports, games, cooking, field trips, and more. The groups meet four days each week: 3:00-5:00 p.m. on Tuesdays, Thursdays, and Fridays, and 1:00-3:00 p.m. on Wednesdays. For more information or to register a child for the next session, please call Cece or Simone at 916-927-1303.

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## TEEN CENTER

"Patty like a Rockstar" at our Teen Center in March!

Join us at Teen Center where you can make memories with new and old friends! Teen Center will host two #STYN events during the month of February, on February 3 and February 17. We will enjoy special snacks and specially-themed activities, including Valentine's Day themed crafts! Teens can bring some of their classmates and neighbors as their "guests" on these event days, which is the perfect introduction to show what our Teen Center is all about! In March, we will have "Patty like a Rockstar" themed event, which is for St. Patrick's Day on March 17. There will be plenty of fun, sweet treats, and prizes along with our fun-filled activities!

If you are in 7th-12th grade and live in the area, we invite you to come check us out. We are open Tuesday, Thursday, and Friday from 2:30 p.m. to 7:00 p.m. and Wednesdays from 1:00 p.m. to 5:30 p.m. when school is in session. Swing by after school to see what we are all about! If you are currently attending Smythe Middle School, bus route #103 will drop you off a few feet from our Teen Center! Transportation back home is also available for teens that live in our service area. We provide tasty snacks, and you can also enjoy a bite from our snack bar. Don't forget to bring your friends! For more information and for our current events calendar, please call Porscha, Elizabeth, or Angela at 916-927-1303.

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## SENIOR CENTER

Cooking classes, *Bingocize*, & more at our Senior Center!

Happy New Year from the Senior Center, and we hope everyone is having a great year thus far. In addition, we would also like to thank everyone for coming to the last celebration of 2022, our annual Christmas Brunch, which was truly a success with the big crowd of both new and returning seniors. As we enter 2023, we hope to have many more moments to share together here in the Senior Center. In the center, we welcome you all to join us for our daily activities such as trivia, knitting, our famous word game, karaoke, senior workouts, arts and crafts, and weekly shopping trips to various local stores. Lunch is served at 11:30 a.m. daily provided by Meals on Wheels by ACC. In January, we began a four-week cooking class provided by Agency on Aging \ Area 4 called *Cooking Matters*. We are getting ready to begin the next series of *Bingocize* in March. You won't want to miss it! Lastly, let us all give a warm welcome to Lupita Avalos who is a new addition to the Senior Center staff group. Everyone here at the Senior Center is looking forward to seeing you all. May the New Year bring you happiness, peace and joy.

Our Senior Center is designed to ensure each senior has access to socialization and wellness activities in a safe environment. If you are a senior, age 50 and older and reside in our service area, we invite you to come check out what we are all about. The Senior Center is open Monday through Friday 9:00 a.m. to 1:00 p.m. If you would like to join or need more information, please call Taylor at 916-927-1303. We look forward to hearing from you!

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## SAVE THE DATE: BIG DAY OF GIVING 2023

Mark your calendars for May 4, 2023!

Big Day of Giving 2023 is just around the corner! We are so excited to announce that we will be participating again this year. Be ready to join us on May 4th and support the nonprofits that foster healthier and stronger communities in Sacramento.

Learn more about BDOG at [bigdayofgiving.org](http://bigdayofgiving.org).



**"Stanford Settlement helps build healthy communities through individual, family, and neighborhood services."**

**Stanford Settlement Newsweek**, the bimonthly publication of Stanford Settlement Neighborhood Center.

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# MEMORIALS AND HONORARIUMS

## IN MEMORY OF

**Bert Dodge**

**Shirley Gomez**

**Sister Claire Graham**

**Diane Hegland**

**George Hernandez**

**Marge Jones**

**David Spencer Rees**

**Sandra Rhoten**

**Maria Solis**

## REMEMBERED BY

Sister Jeanne Felion, SSS

Kristina Felion

Mary Parshall

Sister Jeanne Felion, SSS  
Pat Pennisi  
Julie Rhoten

Julie Rhoten

Paul Jones

Barbara Hughes

Joanne Theiss

Eric & Araceli Solis

## IN HONOR OF

**Meredith Beales**

**Tracy Chatters**

**Roseann & Bill Kerby**

**Ken Luttrell**

**Barry Miller**

## REMEMBERED BY

Martha-Jane Beales

Traci Lillich

Bernadette & Jim Lynch

Laura & Jerry Douglas

Brenda & Chris Kirian

Stanford Settlement Neighborhood Center welcomes memorial donations to honor the memory of a loved one, as well as donations in honor of an individual for a noteworthy accomplishment or on a special occasion. These gifts support our mission of helping build healthy communities through individual, family, and neighborhood services, and are a great way to remember others.

