

NEWSLETTER



MARCH 2026

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EXECUTIVE DIRECTOR'S MESSAGE

Dear Friends,

As we move into 2026, Stanford Settlement proudly celebrates 90 years of service to our community. The agency was founded in 1936 by the Sisters of Social Service at the Stanford Mansion in downtown Sacramento. Upon moving to Gardenland in the 1960s, the agency has focused its efforts on residents of all ages of Gardenland Northgate, North Sacramento, Del Paso Heights, and Natomas. As a settlement house, we continue to be committed to helping others make improvements to their own lives AND to their community.

For nine decades, Stanford Settlement has responded to changing community needs by providing essential services and creating opportunities for people to thrive. This milestone belongs to the generations of neighbors, staff, volunteers, donors, and partners who have believed in the power of community and have walked alongside us in service to others.

We hope you will celebrate with us throughout the year! First, please join us for our 90th Anniversary Open House on Friday, April 3, 2026 from 11 am-2 pm. Take a tour of our space to see our current programming; enjoy music and refreshments; and come together with others who believe in Stanford Settlement's mission. We look forward to seeing you!

With gratitude,

Julie Rhoten
Executive Director



HELLO SPRING



CHILDREN'S PROGRAM: SECOND SESSION BEGINS

The first session of this school year wrapped up in December with a festive holiday celebration, highlighted by our annual Christmas Tree Lighting in partnership with the Gardenland Northgate Neighborhood Association. Children and their families gathered to count down to the lighting of the tree, take photos with Santa, and enjoy hot cocoa and cookies together.



The second session of the program is now underway. The purpose of the Children's Program is to help children ages 5-11 years old build confidence and develop positive social skills that lead to their success at home, at school, and in the community. For more information or to register a child, please contact Emily or Maribel at 916-927-1303.

TEEN CENTER: GROWTH & COMMUNITY

The Teen Center provides a safe, welcoming space for junior high and high school students after school and into the evening, which is one of the most vulnerable times of day for youth. During a typical week, teens can play soccer, basketball, video games, the keyboard, card games, and more, along with arts & crafts activities and cooking opportunities.



While at the Teen Center, teens enjoy a hearty snack, reconnect with old friends, make new ones, complete homework, and build important life skills such as leadership and conflict management. When teens have a safe place to go, meaningful relationships with peers, and opportunities for personal growth, they are better equipped to navigate the challenges of their teen years and enter adulthood with the tools they need for long-term success. For more information, please contact Angela at 916-927-1303.

SENIOR CENTER: EXCITING CELEBRATIONS



After ringing in 2026 at their Noon Year's Eve celebration, seniors have been staying busy at the Senior Center! Each day offers a wide variety of activities designed to help seniors remain active, healthy, and connected to their community. In addition to daily programming, seniors celebrated Black History Month and Valentine's Day, as well as wrapped up the month with karaoke and their monthly birthday party!

To see everything happening this month, check out the Activity Calendar and the Meals on Wheels Café lunch calendar on our website at www.stanfordsettlement.org. For more information on how to join, please call Yanet at 916-927-1303.

CALL for VOLUNTEERS



We are looking for volunteers to bake cakes or cupcakes for birthdays at our Senior Center. If interested, please contact Julie or Avery at 916-927-1303 or by email at julie@stanfordsettlement.org and avery@stanfordsettlement.org.



90TH ANNIVERSARY OPEN HOUSE



11 AM-2 PM Friday, April 3, 2026



Stanford Settlement Neighborhood Center

We invite our neighbors, staff, volunteers, donors, and community partners to join us at Stanford Settlement as we celebrate 90 years of serving our community. Stop by our Senior Center, Teen Center, and Children's Program to learn more about what we do, connect with our team, and enter for a chance to win fun raffle prizes! Our 90th Anniversary Open House will be a free, community event with good food, music, and plenty of opportunities to come together and celebrate the community that makes it all possible!



Please RSVP via Google Form by scanning the following QR Code:



HICAP APPOINTMENTS

HICAP (Health Insurance Counseling & Advocacy Program) of Northern California is a nonprofit organization providing free, unbiased, and confidential Medicare counseling and advocacy services in El Dorado, Nevada, Placer, Sacramento, San Joaquin, Sierra, Sutter, Yolo, and Yuba counties. HICAP counselors are available by appointment at Stanford Settlement Neighborhood Center several times every month. Schedule a free, one-hour, in-person appointment with a registered HICAP Medicare counselor to get help with your Medicare questions, choices, and rights. Call to schedule: (916) 376-8915

MEMORIALS AND HONORARIUMS

Stanford Settlement Neighborhood Center welcomes donations to honor the memory of a loved one, to honor an individual for a noteworthy accomplishment or on a special occasion. These gifts support our mission and are a great way to remember others.

Lucille & Ernie Kepler

Judy Tracy

Arnold Trotter

Philip & Sabrina Stewart

Glenn Felion

Sister Jeanne Felion

Michele & Victor Mercado

Barbara Tavares

Marilyn Nordaune

BECOME A GEM!

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STANFORD SETTLEMENT BY
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Stanford Settlement helps build healthy communities through individual, family, and neighborhood services

MARK YOUR CALENDARS

Friday, April 3rd



90th Anniversary Open House

We invite neighbors, volunteers, donors, and partners to join us at Stanford Settlement in celebration of our 90 years of service in the community!

Thursday, May 7th



Big Day of Giving

Big Day of Giving is an annual 24-hour giving event that unites caring people to raise funds for local nonprofits like ours!