



## MISSION STATEMENT

Stanford Settlement Neighborhood Center helps build healthy communities through individual, family, and neighborhood services.

## STANFORD SETTLEMENT PROGRAMS

Teen Center  
Children's Program  
Senior Center  
Emergency Assistance  
Community Development

## SOCIAL MEDIA

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 Stanford Settlement Neighborhood Center  
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## LATEST NEWS

Dear Friends,

So happy to have had many of you join us at An Evening of Appreciation last month. We were delighted to honor the **Rotary Club of Natomas** for completing a lead paint abatement project during the pandemic. If you've driven by Stanford Settlement Neighborhood Center lately, you've seen the bright, clean fresh paint on our buildings.

You may also notice some shiny new windows, along with an electric vehicle charging station and TWO new electric vehicles, thanks to the generosity of **SMUD!**

Finally, we recognized the generosity of City **Councilmember Jeff Harris** who has been steadfast in his support of Stanford Settlement Neighborhood Center during his past eight years in office. His many contributions have helped the agency survive – and thrive – before, during, and after the pandemic.

The **Leadership Sacramento Class of 2022** is forging ahead with their project which will improve the outdoor space at the Senior Center. The space has been graded and new concrete walkways are in place. The seniors are looking forward to taking some of their activities outdoors this spring!

Looking ahead, we are gearing up for Operation Cratchit this month. We anticipate serving around 775 households again this holiday season. Students from **Jesuit High School** will provide thousands of pounds of non-perishable food again this year.

Many groups and individuals are organizing toy drives, including the **Gardenland Northgate Neighborhood Association**, the **Sacramento Hotel Association**, **International Association of Machinists Local #946**, and the students of **St. Francis High School**. In addition to food, toys, and gifts, we are also accepting donations of wrapping paper. If you are interested in volunteering, give us a call!

Recently we welcomed several groups of students and faculty from **Jesuit High School** to help out in the Senior Center. Also, employees from **California Bank & Trust** spent a day organizing nonperishable food items and serving lunch to the seniors at the Senior Center. And last month employees from **Turner Construction Company** donated their time and expertise to make improvements around the agency. Thank you to everyone who volunteers!

I hope you have a happy and healthy holiday season, with the people, places, and things you love. Thank you for all that you do to support our mission: to build healthy communities through individual, family, and neighborhood services.

With gratitude,



Julie Rhoten  
Executive Director

## AGENCY UPDATES

### OPERATION CRATCHIT

Want to be a helping hand this season?

Our annual Christmas basket program is just around the corner! Learn more about how you can support this year's Operation Cratchit by calling us at (916) 927-1303 or emailing [julie@stanfordsettlement.org](mailto:julie@stanfordsettlement.org)!



## Operation Cratchit 2022

AN ANNUAL CHRISTMAS BASKET PROGRAM  
PRESENTED BY STANFORD SETTLEMENT NEIGHBORHOOD CENTER

### WHO CAN HELP?

ANYONE! INDIVIDUALS, FAMILIES, SCHOOLS, BUSINESSES, SORORITIES, FRATERNITIES, CHURCHES, SERVICE GROUPS, ETC.

### WHAT DO WE NEED?

- NEW, UNWRAPPED TOYS AND GIFTS FOR CHILDREN AND TEENS
- NEW CHRISTMAS WRAPPING PAPER
- NON-PERISHABLE FOOD ITEMS: CANNED/PACKED FOODS
- CASH DONATIONS

### HOW CAN I HELP?

- DONATE ONE OR MORE OF THE ITEMS LISTED ABOVE
- DONATE TOYS FROM THE AMAZON WISHLIST
- ORGANIZE YOUR OWN FOOD OR TOY DRIVE
- GIVE YOUR TIME OR TALENT BY VOLUNTEERING

FOR MORE INFORMATION, PLEASE VISIT  
[www.stanfordsettlement.org](http://www.stanfordsettlement.org)  
or call (916) 927-1303



### LEADERSHIP SACRAMENTO 2022

Exciting updates about improving our Senior Center's outdoor space.

We are thrilled to be partnering with Leadership Sacramento Class of 2022 to improve the outdoor space at our Senior Center. Their vision of a wellness space includes social spaces for conversation, areas designed for exercise and fitness, gardening, quiet moments, and meditation for our seniors. With their support, our seniors will be able to enjoy the upgrades that make our center that much more enjoyable! Thank you Leadership Sacramento Class of 2022! Scan the QR code or visit [leadershipsac22.org](http://leadershipsac22.org) to learn more about the project!

LEARN MORE  
ABOUT THEIR  
GOAL!



or visit  
[leadershipsac22.org](http://leadershipsac22.org)

LEADERSHIP  
SACRAMENTO 

### DONATE ONLINE!

Save a stamp and make a monetary donation online by visiting: [bit.ly/ssncgiving](http://bit.ly/ssncgiving).

Or scan our QR code!



### #STARTWITHASMILE

When you #StartWithASmile, Amazon donates 0.5% of the purchase price to Stanford Settlement, Inc.!

Bookmark the link: [amzn.to/3QUrzbC](http://amzn.to/3QUrzbC)

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### NEWSLETTERS VIA EMAIL

If you would like to receive your Newsletter via Email, please email [anyk@stanfordsettlement.org](mailto:anyk@stanfordsettlement.org).



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## CHILDREN'S PROGRAM

The wonderful ways we are celebrating the holidays in our After School Groups.

It's the most wonderful time of the year! Happy holidays to everyone. The After School Groups are going great and will be ending the first session of this school year very soon. During this session, we have enjoyed various special crafts for the holidays on top of our regular fun activities! For Halloween, kids helped create their own Halloween Carnival. For Thanksgiving, all the groups helped prepare dishes for our traditional Thanksgiving feast! We will be finishing up the session with festive Christmas parties and fun holiday games!

After School Groups are designed to help children build important social skills, learn problem-solving skills, and establish meaningful relationships with peers through fun activities, including arts and crafts, sports, games, cooking, field trips, and more. The groups meet four days each week: 3:00-5:00 p.m. on Tuesdays, Thursdays, and Fridays, and 1:00-3:00 p.m. on Wednesdays.

We will begin the second session of the After School Groups on Tuesday, January 10th, 2023. For more information or to register a child for the next session, please call Meg or Cece at 916-927-1303.

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## TEEN CENTER

Fun things planned for this winter at the Teen Center!

Hello winter, goodbye fall! We have had lots of fun this fall, from carving pumpkins, to going to the pumpkin patch and watching scary movies, but we are excited to welcome cooler weather and winter fun. We were excited to bring back our annual Thanksgiving feast after 2 long years and cannot wait to celebrate Christmas with all of our favorite holiday foods and activities.

If you are in 7th-12th grade and live in the area, we invite you to come check us out. We are open Tuesday, Thursday, and Friday from 2:30 p.m. to 7:00 p.m. and Wednesdays from 1:00 p.m. to 5:30 p.m. when school is in session. Swing by after school to see what we are all about! If you are currently attending Smythe Middle School, bus route #103 will drop you off a few feet from our Teen Center! Transportation back home is also available for teens that live in our service area. We provide tasty snacks, and you can also enjoy a bite from our snack bar. Don't forget to bring your friends! For more information and for our holiday hours during the winter break, please call Porscha or Elizabeth at 916-927-1303.

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## SENIOR CENTER

Getting back into the swing of things at the Senior Center.

Since reopening our Senior Center earlier this year, we are now finally open Monday through Friday from 9:00 am to 1:00 pm. We have resumed our partnership with Meals on Wheels by ACC which allows us to serve hot lunches to our seniors every day. During our center hours, we provide senior-friendly activities such as arts and crafts, bingo, seniorise, trivia, and our very famous word game. We also provide weekly shopping trips to various local stores, such as Walmart, FoodsCo, Five Below, and Viva. We enjoyed Halloween Carnival & Thanksgiving Luncheon in recent months, and are about to finish up Line Dancing Lessons combined with nutrition education, provided by Area Agency on Aging \Area 4. We will be starting a new class in mid-January. We're thrilled that our Senior Center is back in full swing!

If you would like to join or more information regarding our Senior Center, please call Taylor at 916-927-1303. We look forward to hearing from you!

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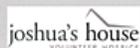
## AN EVENING OF APPRECIATION

A huge thank you to our sponsors!

Last month, we celebrated and honored the **Rotary Club of Natomas**, **SMUD**, and **Councilmember Jeff Harris** for their notable generosity towards Stanford Settlement. We would like to thank everyone who joined us this that evening, and give special thanks to our sponsors for helping make this event possible!

View pictures from the event by visiting our main website at [stanfordsettlement.org](http://stanfordsettlement.org)!

*Thank you to our  
sponsors!*



KIELBORN FAMILY

GARMAN FAMILY

LYNCH FAMILY

BELLOTTI FAMILY

DEKKER FAMILY:  
IN MEMORY OF FRAN DEKKER

**"Stanford Settlement helps build healthy communities through individual, family, and neighborhood services."**

**Stanford Settlement Newswheel**, the bimonthly publication of Stanford Settlement Neighborhood Center.

We encourage use of information from Newswheel with the following citation: "From Stanford Settlement Newswheel, the bimonthly newsletter of Stanford Settlement Neighborhood Center."

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# MEMORIALS AND HONORARIUMS

## IN MEMORY OF

**Bert Dodge**

The Dekker Family:  
Tom Dekker  
Diane Gavidia  
Suzanne Trujillo  
Mike Dekker  
Dan Dekker  
Dorothy Dekker

**Dyan Mart**

Bridget Tarzwell  
Gloria Hardwick  
Scott & Jane Owen

**Patrick McCarthy**

Julie Rhoten  
Pat Pennisi  
Sister Jeanne Felion, SSS

**Richard Whitlow**

Julie Rhoten  
Sister Jeanne Felion, SSS

Stanford Settlement Neighborhood Center welcomes memorial donations to honor the memory of a loved one, as well as donations in honor of an individual for a noteworthy accomplishment or on a special occasion. These gifts support our mission of helping build healthy communities through individual, family, and neighborhood services, and are a great way to remember others.

