











April 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 1. 9:30 Bingo 9:30 Easter Craft	2. 9:30 Bingo 9:30 Walgreens Blood Pressure Checks	3. 9:30 Bingo 10:30 Seniorcise! Speaker- Diabetes Newsletter	4. 9:30 Bingo 9:30 99 Cent Store	5. 9:30 Bingo 10:15 Senior Fun Fit!	6. Closed	
7. Closed	8. 9:30 Bingo	9. 9:30 Bingo 9:30 Easter Craft Blood Pressure Checks	10. 9:30 Bingo 10:30 Seniorcise!	11. 9:30 Bingo 9:30 Wal-Mart	12. 9:30 Bingo 10:15 Senior Fun Fit!	13. Closed
14. Closed	15. 9:30 Bingo 9:30 99 Cent Store  Easter Egg Dying	16. 9:30 Bingo  Teen vs. Seniors Pool Tournament	17. 9:30 Bingo 10:30 Seniorcise!  Speaker- Elder abuse Easter Egg Dying	18. No Bingo 9:30 Easter Party Potluck! 	19. Closed	20. Closed
21. Closed Easter Sunday 	22. 9:30 Bingo 9:30 Thrift Town Blood Pressure Checks	23. 9:30 Bingo Birthday Party! 	24. 9:30 Bingo 10:30 Seniorcise! Speaker- Falls	25. No Bingo  Karaoke Party	26. 9:30 Bingo 10:15 Senior Fun Fit!	27. Closed
28. Closed	29. 9:30 Bingo  TV Movie Day	30. 9:30 Bingo 10:00 Word Game			Stanford Settlement Senior Center 927-1303 450 West El Camino Ave., Sacramento, Ca 95833 www.stanfordsettlement.org melissa@stanfordsettlement.org For lunch reservations, call 927-1819 Lunch is served at 11:30 a.m. *Daily activities include arts & Crafts and Pool	