Senior Center Activities
SEPTEMBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 HICAP 10:00 AM TRIVIA 10:30 AM WORD GAME	2 10:00 AM STANFORD STEPPERS 10:30 AM GUESS WHO?	3 10:00 AM SHOPPING TRIP FOODSCO 10:00 AM BINGO	4 10:00 AM LABOR DAY CELEBRATION	5 CLOSED
6 CLOSED	7 CLOSED	8 HICAP 10:00 AM SHOPPING TRIP ROSS 10:00 AM PICTIONARY	9 10:00 AM STANFORD STEPPERS 10:30 AM WORD GAME *Mini Grocery Bag	10 10:00 AM SHOPPING TRIP DESERET THRIFT 10:00 AM BINGO	11 10:00 AM KALEIDOSCOPE CRAFT 12:00 PM SENIORCISE *Breakfast provided by Sac Vineyard Church*	12 CLOSED
13 CLOSED	14 10:00 AM BINGO 12:00 PM SENIORCISE	15 HICAP 10:00 AM SHOPPING TRIP WALMART (REED) 12:00 PM WORD GAME	16 10:00 AM MEXICAN INDEPENDENCE DAY CELEBRATION	17 10:00 AM BINGO 12:00 PM WORD GAME	18 10:00 AM SHOPPING TRIP HOBBY LOBBY 12:00 PM SENIORCISE	19 CLOSED
20 CLOSED	21 10:00 AM BINGO 12:00 PM SENIORCISE	22 10:00 AM WORD GAME 10:30 AM FALL CRAFT	23 10:00 AM STANFORD STEPPERS 10:30 AM WORD GAME	24 10:00 AM SHOPPING TRIP BURLINGTON 10:00 AM BINGO	25 10:00 AM JAM SESSION/ NAME THAT SONG 11:15 AM SEPTEMBER BIRTHDAY CELEBRATION	26 CLOSED
27 CLOSED	28 10:00 AM BINGO 12:00 PM SENIORCISE	29 10:00 AM DEL ORO CAREGIVER RESOURCE CENTER PRESENTATION 12:00 PM CHARADES *Grocery Bags	30 10:00 AM SHOPPING TRIP FARMER'S MARKET 12:00 PM WORD GAME	**Senior Center Hours: M-F 9:00am-1:00pm** Call 916-927-1303 for more information! Stanford Settlement Neighborhood Center 450 W. El Camino Ave. Sacramento, CA 95833		

For Meals on Wheels lunch reservations, please call us at 916-927-1303.
Lunch is served daily at 11:30 a.m.